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Respondent

52

Judith Juvancic-Heltzel

410:12

Time to complete

1. Please select your UC Committee *

- Awards Special Committee
- Budget and Finance
- Communication
- Information Technology
- Institutional Advancement
- Physical Environment
- Campus Wellness
- Student Engagement and Success
- Talent Development and Human Resources
- ad hoc Social Engagement

2. Did the Committee meet this month? If you met, select Yes and complete the rest of the survey. Provide minutes in question 7. You do not need to upload documents unless they are supporting materials for this month's meeting.

If you did not meet, select No and submit the survey. You do not need to complete the rest of the survey or upload any documents. Thank you for logging this month's meeting status. *

- Yes
- No

3. Date of Meeting

12/16/2023



4. Committee Members in Attendance or Absent With Notice

All present

5. Committee Members Absent Without Notice

N/A

6. Based on your goals for the year, outline what decision were made or action items discussed during this month's meeting that moved goal(s) forward

7. Provide Meeting Minutes/Monthly Report here (do not attach minutes as a document in #8 below).

Roo Fit

- Start date of January 22nd
- o 6 weeks to increase engagement near end of the competition.
- o Week of 12-18 information will be in UA Digest
- o List of ways to earn bonus points will be distributed.
- o AHA Heart Walk on June 15, bonus points will be awarded for TBD participation.
- Walk Challenge with KSU – Crosstown Throw Down
- o Will run concurrently with Roo Fit
- o Will be based on steps – Conversion chart for other activities will be provided.
- o Individual event not team event
- o Final Tally Scores and winner will be announced during half-time at UA/KSU Basketball game February 24th
- o Winner will be awarded ceremonial "Walking Stick"
- UA Faculty Staff have option of participating in:
 - o Roo Fit
 - o Crosstown Throwdown
 - o Both RooFit and Crosstown Throwdown
- Programming for menopausal and perimenopausal women
- o Compiling relevant materials to be posted
- o Link resources to Campus Wellness page
- o Possible Lunch and Learn presentaton
- o Refer to Human Resources for additional requests related to work time, etc.
- Mental and Physical Health Needs of Campus Community
- o Students
 - Continued discussions re: RADical Health groups
 - Continued discussion re: availability for student counseling when needed
 - Could recruitment and retention be affected by availability of student counseling services.
 - Request from CHHS Recruitment Committee – Telehealth availability for students
 - Telehealth services are offered for students, discussion about how to market it as well as other student services.

8. If you have a document that provides supporting materials for this month's work, upload here. This attachment should not be the monthly minutes (minutes should be submitted in #7 above).
(Non-anonymous question)

9. Are there any new topic submissions or other information/feedback you would like to share from the committee?

Request from CHHS Recruitment Committee - Telehealth services for students. Telehealth is available, will be working on how to increase awareness for students.