

Kristine N Kraft (47)



Time to complete: 13:58

### 1. Please select your UC Committee

0 / 0 pts

*Auto-graded*

- Awards Special Committee
- Budget and Finance
- Communication
- Information Technology
- Institutional Advancement
- Physical Environment
- Recreation and Wellness
- Student Engagement and Success
- Talent Development and Human Resources
- ad hoc Human Development

### 2. Did the Committee meet this month? If you met, select Yes and complete the rest of the survey. Provide minutes in question 7. You do not need to upload documents unless they are supporting materials for this month's meeting.

0 / 0 pts

*Auto-graded*

If you did not meet, select No and submit the survey. You do not need to complete the rest of the survey or upload any documents. Thank you for logging this month's meeting status.

- Yes
- No

### 3. Date of Meeting

0 / 0 pts

*Auto-graded*

9/24/2021

4. Committee Members in Attendance or Absent With Notice

0 / 0 pts  
*Auto-graded*

Present: Emily Njus, Nick Weber, Kris Kraft, Eric Smith, Ahsanu Kabir Suman, Cathleen White

Absent w/notice: Joe Uργο, Chris Stimler

5. Committee Members Absent Without Notice

0 / 0 pts  
*Auto-graded*

No answer provided.

6. Based on your goals for the year, outline what decision were made or action items discussed during this month's meeting that moved goal(s) forward

0 / 0 pts  
*Auto-graded*

No answer provided.

## 7. Provide Meeting Minutes/Monthly Report here

0 / 0 pts

*Auto-graded*

The committee met and discussed the plan for the AY.

1. The committee discussed and agreed that Roo Fit needs to move forward. Kris and Nick had discussed previously the time commitment needed from the staff of the rec center. Nick is willing to provided this. Roo Fit will move forward.

- Kris and Nick will set the timeline for deadlines.

- Kris and Judi will touch base with Exercise is Medicine and Nutrition Center

- Discussion ensued about adding a mental health component to the tally.

- Nick will look into an app for Roo Fit

2. Mental Health is a priority

- NEOMED is looking to have seminars in conjunction with UA and we have been asked to assist - committee agrees that this is a good idea.

- Discussion about having Mental Health First Aide Training at the Rec Center - Kris will connect Nick and John Ellis

- Emily noted that the Counseling and Testing Center is overwhelmed - committee discussed that there are other avenues on campus such as the Center in CHIMA. Cathleen noted there is also the Center out of the Psyc Department - we need to be able to disseminate this information better.

- Kris is contacting the Chair of Counseling - Faii S. to see if they can handle extra clients and how they can assist the campus community.

- Kris will contact Ali Doehring to see what else we can do

- Emily had a great idea of a resource page that we can place in brightspace with resources for faculty. John Ellis has a grant with grad students that may be able to assist us. Emily and Kris will contact and work with John Ellis.

## 8. If you also have a document that provides supporting materials for this month's work, you can upload here (not required if you provided full minutes or information in question 7)

0 / 0 pts

*Auto-graded*

No answer provided.

## 9. Are there any new topic submissions or other information/feedback you would like to share from the committee?

0 / 0 pts

*Auto-graded*

No answer provided.